

Find out more about each of our course areas.

Level 1 Award Preparing to Work in Adult Social Care

Level 1 Award in Mental Health Awareness

Level 2 Award in Supporting Individuals with Learning Disabilities

Level 2 Award in Mentoring Skills

Level 2 Certificate in Preparing to Work in Adult Social Care

Level 1 Award Preparing to Work in Adult Social Care

Activity Title	Level 1 Award Preparing to Work in Adult Social Care
Who is this course for?	This course is for adults who are thinking about a career in adult health and social care.
Entry requirements (info for learners)	You should have good ICT Skills with reading and writing at Level 1 and be prepared to undertake a DBS check for placement work.
What will I learn on this course?	This qualification will help you develop a basic knowledge of the adult social care sector. It covers: <ol style="list-style-type: none"> 1. The type of job roles and services within adult social care 2. The role of communication in adult social care 3. The importance of valuing the individuals being cared for in an adult social care setting.
How will I learn?	This course is one five hour session per week over 11 weeks. It will be assessed by your tutor or assessor using a range of methods. This could include tasks set by your tutor such as designing charts or leaflets, coursework or methods such as oral questioning.
What qualifications will I gain?	Level 1 Award in Preparing to Work with Adults in Health and Social Care.
What could this course lead to?	You can progress onto the Level 2 Certificate in Preparing to Work in Adult Social Care or the Level 2 Diploma in Health and Social Care.
Can I join anytime?	You need to join at the start of a programme. Courses run in September and April.

Level 1 Award in Mental Health Awareness

Activity Title	Level 1 Award in Mental Health Awareness
Who is this course for?	The qualification is appropriate for adults with an interest in understanding of mental health issues. It would complement study in a range of areas, including healthcare services.
Entry requirements (info for learners)	You should have good reading and writing skills at level 1
What will I learn on this course?	This qualification aims to: <ol style="list-style-type: none"> 1. Raise your awareness about the issues surrounding mental health difficulties 2. How to dispel some of the myths and misconceptions frequently linked to mental health issues 3. Develop your knowledge about the rights of those with mental health issues.
How will I learn?	This course is one five hour session per week over 5 weeks. To achieve the Level 1 Award in Mental Health Awareness, learners must successfully demonstrate their achievement of all learning outcomes and assessment criteria detailed in the qualification specification. Grades are not awarded.
What qualifications will I gain?	Award in Mental Health Awareness
What could this course lead to?	You can progress on to the level 2 Certificate in Understanding Working with People with Mental Health Issues
Can I join anytime?	Courses run from April

Level 2 Award in Supporting Individuals with Learning Disabilities

Activity Title	Level 2 Award in Supporting Individuals with Learning Disabilities
Who is this course for?	The Award is suitable for adults who come into contact with individuals with learning disabilities. This could include people in community and volunteering roles or those working in education, leisure and employment support.
Entry requirements (info for learners)	You need Level 1 literacy, maths and ICT skills. Learners must also be working or volunteering in supporting people with learning disabilities. Learners must also be prepared to undertake a DBS check if volunteering.
What will I learn on this course?	<p>This qualification provides essential knowledge and skills to anyone wanting to actively support individuals with learning disabilities. You will learn about :</p> <ol style="list-style-type: none"> 1. The meaning of learning and disability 2. How to support individuals with learning disabilities, 3. The legislation, communication and planning involved when supporting individuals with learning disabilities <p>You should be able to use your knowledge, skills and ideas to complete clear tasks and tackle straightforward problems. This includes taking responsibility for completing tasks under guidance, while showing you can also think independently</p>
How will I learn?	This course is one five hour session per week over 18 weeks. All units will be assessed by your Tutor or Assessor using a range of methods. This could include direct observation in the workplace, a portfolio of evidence, written assignments or a task.
What qualifications will I gain?	Level 1 Award in Supporting Individuals with Learning Disabilities (QCF).
What could this course lead to?	The Award provides a direct progression route to Level 2 vocational programmes
Can I join anytime?	Courses run in September, February and April.

Level 2 Award in Mentoring Skills

Activity Title	Level 2 Award in Mentoring Skills
Who is this course for?	This qualification is designed for adults who wants to gain a deeper understanding of the role of a mentor and develop the skills needed to become an effective mentor.
Entry requirements (info for learners)	You should have good ICT Skills with reading and writing at level 1 and be prepared to undertake a DBS check for placement work.
What will I learn on this course?	This qualification allows you to gain a deeper understanding about the role of a mentor and develop the skills needed to become an effective mentor. The aims of the qualification are to: <ol style="list-style-type: none"> 1. Help you gain an insight into the role and practice of mentorship 2. Help you be clear about mentor/mentee relationships, ensure they follow good practice 3. How you how to develop the specific skills and understanding you will require in order to mentor, reflect on your own learning and work performance, 4. Help you understand the benefits of mentoring and understand legal and ethical mentoring requirements.
How will I learn?	This causes is one five hour sessions per week over 12 weeks. You will learn through a variety of methods including sharing and discussing experiences. Your work will be assessed by your tutor or assessor using a range of methods. This could include tasks set by your tutor such as designing charts or leaflets, coursework or methods such as oral questioning.
What qualifications will I gain?	Award in Mentoring Level 2
What could this course lead to?	This course can lead to Level 2 Vocational programmes in Health and Social Care.
Can I join anytime?	Courses start in January.

Level 2 Certificate in Preparing to Work in Adult Social Care

Activity Title	Level 2 Certificate in Preparing to Work in Adult Social Care
Who is this course for?	For adults working towards a career in adult health and social care in a supervised job role including those in a volunteering role.
Entry requirements (info for learners)	You should have good ICT Skills with reading and writing at level 2 and be prepared to undertake a DBS check for placement work.
What will I learn on this course?	This qualification will help you develop the basic knowledge needed when working with adults in the social care sector. It covers the role of the social care worker, safeguarding, communication, diversity, equality and inclusion, and personal development.
How will I learn?	This course is one five hour session per week over 36 weeks. It will be assessed by your tutor or assessor using a portfolio of evidence. You may be observed on your placement.
What qualifications will I gain?	Certificate in Preparing to Work in Adult Social Care.
What could this course lead to?	The Level 3 Diploma in Preparing to Work in Adult Social Care or the Level 2 Diploma in Health and Social Care (Adults). Please note this qualification does not enable you to progress to the Level 3 Diploma in Health and Social Care.
Can I join anytime?	You need to join at the start of a programme. Courses start in September and run for a year.